

Nutilus pre-thickened water		Average content per	
		125g cup	100g
Energy	kcal/kJ	7.5/32.5	6/26
Protein	g	0	0
Carbohydrate	g	1.5	1.2
Sugars	g	0	0
Fat	g	0	0
Saturates	g	0	0
Fibre	g	0.75	0.6
Water	g	122.5	98
Na	mg	71.25	57
K	mg	30	24
Cl	mg	16.25	13
Ca	mg	5	4
P	mg	0	0
Osmolarity	mOsmol/l	50	40
Viscosity	mPa.s	1200	